

14-Sep-19	Round 1	21-Sep-19	Round 2	28-Sep-19	Round 3	05-Oct-19	Round 4
Mavericks	v East London	Mavericks	v Campion	Campion	v East London	Mavericks	v Ilford Wanderers
Campion	v Basildon	Harlow	v Kings Cross Steelers	Upminster	v Mavericks	Campion	v Upminster
Upminster	v Barking	O Cooperians	v Braintree	Ilford Wanderers	v Basildon	O Cooperians	v Chelmsford
Ilford Wanderers	v O Cooperians	Barking	v Ilford Wanderers	Braintree	v Barking	Barking	v Kings Cross Steelers
Braintree	v Harlow	Basildon	v Upminster	Kings Cross Steelers	v O Cooperians	Basildon	v Braintree
Kings Cross Steelers	v Chelmsford	East London	v Chelmsford	Chelmsford	v Harlow	East London	v Harlow

19-Oct-19	Round 5	26-Oct-19	Round 6	09-Nov-19	Round 7	16-Nov-19	Round 8
Upminster	v East London	Mavericks	v Kings Cross Steelers	Ilford Wanderers	v East London	Mavericks	v Harlow
Ilford Wanderers	v Campion	Campion	v Braintree	Braintree	v Upminster	Campion	v Chelmsford
Braintree	v Mavericks	Upminster	v Ilford Wanderers	Kings Cross Steelers	v Campion	Upminster	v Kings Cross Steelers
Kings Cross Steelers	v Basildon	Barking	v Harlow	Chelmsford	v Mavericks	Ilford Wanderers	v Braintree
Chelmsford	v Barking	Basildon	v Chelmsford	Harlow	v Basildon	Basildon	v O Cooperians
Harlow	v O Cooperians	East London	v O Cooperians	O Cooperians	v Barking	East London	v Barking

23-Nov-19	Round 9	07-Dec-19	Round 10	14-Dec-19	Round 11	11-Jan-20	Round 12
Braintree	v East London	Mavericks	v Barking	Kings Cross Steelers	v East London	Campion	v Mavericks
Kings Cross Steelers	v Ilford Wanderers	Campion	v O Cooperians	Chelmsford	v Braintree	Upminster	v Basildon
Chelmsford	v Upminster	Upminster	v Harlow	Harlow	v Ilford Wanderers	Ilford Wanderers	v Barking
Harlow	v Campion	Ilford Wanderers	v Chelmsford	O Cooperians	v Upminster	Braintree	v O Cooperians
O Cooperians	v Mavericks	Braintree	v Kings Cross Steelers	Barking	v Campion	Kings Cross Steelers	v Harlow
Barking	v Basildon	East London	v Basildon	Basildon	v Mavericks	Chelmsford	v East London

18-Jan-20	Round 13	25-Jan-20	Round 14	01-Feb-20	Round 15	15-Feb-20	Round 16
Mavericks	v Upminster	Upminster	v Campion	Mavericks	v Braintree	Ilford Wanderers	v Upminster
Harlow	v Chelmsford	Ilford Wanderers	v Mavericks	Campion	v Ilford Wanderers	Braintree	v Campion
O Cooperians	v Kings Cross Steelers	Braintree	v Basildon	O Cooperians	v Harlow	Kings Cross Steelers	v Mavericks
Barking	v Braintree	Kings Cross Steelers	v Barking	Barking	v Chelmsford	Chelmsford	v Basildon
Basildon	v Ilford Wanderers	Chelmsford	v O Cooperians	Basildon	v Kings Cross Steelers	Harlow	v Barking
East London	v Campion	Harlow	v East London	East London	v Upminster	O Cooperians	v East London

22-Feb-20	Round 17	29-Feb-20	Round 18	21-Mar-20	Round 19	28-Mar-20	Round 20
Mavericks	v Chelmsford	Braintree	v Ilford Wanderers	Mavericks	v O Cooperians	Kings Cross Steelers	v Braintree
Campion	v Kings Cross Steelers	Kings Cross Steelers	v Upminster	Campion	v Harlow	Chelmsford	v Ilford Wanderers
Upminster	v Braintree	Chelmsford	v Campion	Upminster	v Chelmsford	Harlow	v Upminster
Barking	v O Cooperians	Harlow	v Mavericks	Ilford Wanderers	v Kings Cross Steelers	O Cooperians	v Campion
Basildon	v Harlow	Barking	v East London	Basildon	v Barking	Barking	v Mavericks
East London	v Ilford Wanderers	O Cooperians	v Basildon	East London	v Braintree	Basildon	v East London

04-Apr-20	Round 21	18-Apr-20	Round 22
Mavericks	v Basildon	Chelmsford	v Kings Cross Steelers
Campion	v Barking	Harlow	v Braintree
Upminster	v O Cooperians	O Cooperians	v Ilford Wanderers
Ilford Wanderers	v Harlow	Barking	v Upminster
Braintree	v Chelmsford	Basildon	v Campion
East London	v Kings Cross Steelers	East London	v Mavericks

London 3 Essex

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