

14-Sep-19	Round 1	21-Sep-19	Round 2	28-Sep-19	Round 3	05-Oct-19	Round 4
Lewes	v Hove 2XV	Lewes	v Burgess Hill	Burgess Hill	v Hove 2XV	Lewes	v Ditchling
Burgess Hill	v Plumpton	Hellingly	v Haywards Heath 2XV	Crawley	v Lewes	Burgess Hill	v Crawley
Crawley	v Barns Green	East Grinstead	v Eastbourne	Ditchling	v Plumpton	East Grinstead	v Seaford
Ditchling	v East Grinstead	Barns Green	v Ditchling	Eastbourne	v Barns Green	Barns Green	v Haywards Heath 2XV
Eastbourne	v Hellingly	Plumpton	v Crawley	Haywards Heath 2XV	v East Grinstead	Plumpton	v Eastbourne
Haywards Heath 2XV	v Seaford	Hove 2XV	v Seaford	Seaford	v Hellingly	Hove 2XV	v Hellingly
19-Oct-19	Round 5	26-Oct-19	Round 6	09-Nov-19	Round 7	16-Nov-19	Round 8
Crawley	v Hove 2XV	Lewes	v Haywards Heath 2XV	Ditchling	v Hove 2XV	Lewes	v Hellingly
Ditchling	v Burgess Hill	Burgess Hill	v Eastbourne	Eastbourne	v Crawley	Burgess Hill	v Seaford
Eastbourne	v Lewes	Crawley	v Ditchling	Haywards Heath 2XV	v Burgess Hill	Crawley	v Haywards Heath 2XV
Haywards Heath 2XV	v Plumpton	Barns Green	v Hellingly	Seaford	v Lewes	Ditchling	v Eastbourne
Seaford	v Barns Green	Plumpton	v Seaford	Hellingly	v Plumpton	Plumpton	v East Grinstead
Hellingly	v East Grinstead	Hove 2XV	v East Grinstead	East Grinstead	v Barns Green	Hove 2XV	v Barns Green
23-Nov-19	Round 9	07-Dec-19	Round 10	14-Dec-19	Round 11	11-Jan-20	Round 12
Eastbourne	v Hove 2XV	Lewes	v Barns Green	Haywards Heath 2XV	v Hove 2XV	Burgess Hill	v Lewes
Haywards Heath 2XV	v Ditchling	Burgess Hill	v East Grinstead	Seaford	v Eastbourne	Crawley	v Plumpton
Seaford	v Crawley	Crawley	v Hellingly	Hellingly	v Ditchling	Ditchling	v Barns Green
Hellingly	v Burgess Hill	Ditchling	v Seaford	East Grinstead	v Crawley	Eastbourne	v East Grinstead
East Grinstead	v Lewes	Eastbourne	v Haywards Heath 2XV	Barns Green	v Burgess Hill	Haywards Heath 2XV	v Hellingly
Barns Green	v Plumpton	Hove 2XV	v Plumpton	Plumpton	v Lewes	Seaford	v Hove 2XV
18-Jan-20	Round 13	25-Jan-20	Round 14	01-Feb-20	Round 15	15-Feb-20	Round 16
Lewes	v Crawley	Crawley	v Burgess Hill	Lewes	v Eastbourne	Ditchling	v Crawley
Hellingly	v Seaford	Ditchling	v Lewes	Burgess Hill	v Ditchling	Eastbourne	v Burgess Hill
East Grinstead	v Haywards Heath 2XV	Eastbourne	v Plumpton	East Grinstead	v Hellingly	Haywards Heath 2XV	v Lewes
Barns Green	v Eastbourne	Haywards Heath 2XV	v Barns Green	Barns Green	v Seaford	Seaford	v Plumpton
Plumpton	v Ditchling	Seaford	v East Grinstead	Plumpton	v Haywards Heath 2XV	Hellingly	v Barns Green
Hove 2XV	v Burgess Hill	Hellingly	v Hove 2XV	Hove 2XV	v Crawley	East Grinstead	v Hove 2XV
22-Feb-20	Round 17	29-Feb-20	Round 18	21-Mar-20	Round 19	28-Mar-20	Round 20
Lewes	v Seaford	Eastbourne	v Ditchling	Lewes	v East Grinstead	Haywards Heath 2XV	v Eastbourne
Burgess Hill	v Haywards Heath 2XV	Haywards Heath 2XV	v Crawley	Burgess Hill	v Hellingly	Seaford	v Ditchling
Crawley	v Eastbourne	Seaford	v Burgess Hill	Crawley	v Seaford	Hellingly	v Crawley
Barns Green	v East Grinstead	Hellingly	v Lewes	Ditchling	v Haywards Heath 2XV	East Grinstead	v Burgess Hill
Plumpton	v Hellingly	Barns Green	v Hove 2XV	Plumpton	v Barns Green	Barns Green	v Lewes
Hove 2XV	v Ditchling	East Grinstead	v Plumpton	Hove 2XV	v Eastbourne	Plumpton	v Hove 2XV
04-Apr-20	Round 21	18-Apr-20	Round 22	<p>Sussex One 2019/20</p> <p>Issued by:</p> <p>London & SE Divisional Organising Committee</p> <p>10th June 2019</p>			
Lewes	v Plumpton	Seaford	v Haywards Heath 2XV				
Burgess Hill	v Barns Green	Hellingly	v Eastbourne				
Crawley	v East Grinstead	East Grinstead	v Ditchling				
Ditchling	v Hellingly	Barns Green	v Crawley				
Eastbourne	v Seaford	Plumpton	v Burgess Hill				
Hove 2XV	v Haywards Heath 2XV	Hove 2XV	v Lewes				